

Quick Checklist: How to Choose Paint Colours (and Pick with Confidence)

Step 1: Gather Inspiration

- ☐ Collect ideas from Pinterest, magazines, or nature.
- ☐ Note colours you naturally gravitate toward.
- ☐ Save photos that reflect the mood or vibe you want.

Step 2: Assess Your Space

- ☐ Look at existing furniture, flooring, and décor.
- ☐ Identify dominant colours already in the room.
- ☐ Decide what needs to stand out — walls or furnishings.

Step 3: Understand Lighting

- ☐ Observe how natural light changes throughout the day.
- ☐ Turn on lamps or ceiling lights at night to see colour shifts.
- ☐ Choose shades that look good in both warm and cool lighting.

Step 4: Define the Mood & Purpose

- ☐ Decide how you want the room to feel (calm, cozy, energising).
- ☐ Match paint tones to the room's function (e.g., soft blues for bedrooms, warm neutrals for living areas).

Step 5: Narrow Down Your Palette

- ☐ Pick 2–3 potential shades instead of dozens.
- ☐ Include one neutral option as a backup.
- ☐ Use colour cards or digital visualisers to compare options.

Step 6: Test Before You Commit

- ☐ Paint large 2ft x 2ft swatches on your wall.
- ☐ Observe them in morning, afternoon, and evening light.
- ☐ Leave them up for 24–48 hours before deciding.

Step 7: Check Undertones

- ☐ Compare warm vs cool undertones next to your furniture and flooring.
- ☐ Avoid mixing conflicting undertones (e.g., cool grey with warm beige).

Step 8: Balance Your Colour Scheme

- ☐ Follow the 60-30-10 rule (main—secondary—accent).
- ☐ Make sure colours flow naturally from one room to another.

Step 9: Choose the Right Finish

- ☐ Matte: hides wall flaws, ideal for low-traffic areas.
- ☐ Eggshell: soft sheen, good all-rounder.
- ☐ Satin/Semi-gloss: durable, perfect for kitchens, hallways, or bathrooms.

Step 10: Final Decision

- ☐ Step back and view the entire space together.
- ☐ Trust your gut — the best colour is the one that feels right.
- ☐ Note paint brand, code, and finish for future touch-ups.